

Camp Climbing Instructor Training with **WILD GUYde Adventures**: Skills and Experience Checklist

Name _____ Organization _____

Address _____

Ph. No. _____ Cell _____ Email _____

Age at Course Time (18 minimum): _____ DOB _____

I am registering for the:

- PCIA Training course (April 7-9, 2017)
- Virginia Staff Training Seminar (June 8-9, 2017)

Current medical credential (check all that apply):

- CPR First Responder, or WFR
- Red Cross First Aid EMT or WEMT
- Wilderness First Aid, or Advanced Other: _____

Please briefly describe your recreational climbing (how many years, what type – top-rope, indoor/outdoor, sport leading, traditional leading, multi-pitch); use back if necessary:

Briefly describe your outdoor leadership/teaching experiences (camp counselor, adventure leading, etc.); use back if necessary:

For each item below, check the most appropriate box →	Unfamiliar	Reasonably proficient	Able to teach
Bowline knot			
Fig. 8 Retrace knot			
Fig. 8 Loop knot			
Super (2-loop) 8 knot			
Double Fisherman's knot			
Prussik knot, and Kleinheist			
Girth Hitch			
Water knot			
Non-Tension Hitch			
Munter Hitch			
Mule knot, or Munter Mule			
Belaying and signals (<i>preferred device?</i>)			
Rappelling (<i>preferred device?</i>)			
Building top-rope anchors (natural: trees and boulders)			
Building artificial anchors (nuts and cams)			
Building rappel anchors			
Escaping the belay			
Belay takeover			
Counter-weight rope ascent			
Belay takeover (unweighted and weighted)			
Raises (2:1, 3:1, 3:1+1)			
Counterweight ascent			
Personal climbing level	≤5.5	5.6 - 5.8	≥5.9